# **Social Interaction**

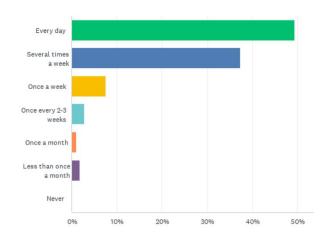


#### Challenges

- 6% of respondents have outside social contact every 2-3 weeks or less
- 20% sometimes feel left out, isolated or lack companionship
- There are a number of Borough activities seniors are not aware of (e.g., 37% are not aware of activities for seniors at the Annex)
- 43% know older adults who do not participate in ANY activities within our community

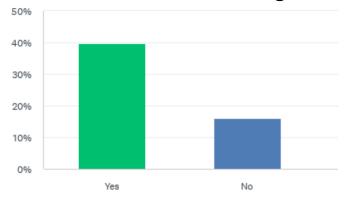
#### **Strengths**

- 76% of respondents participate in some kind of continuing education or selfimprovement classes
- 58% are involved in a club, community or religious organization, or senior group
- 77% attend town events such as parades, fairs, and concerts
- 46% believe seniors are an untapped resource

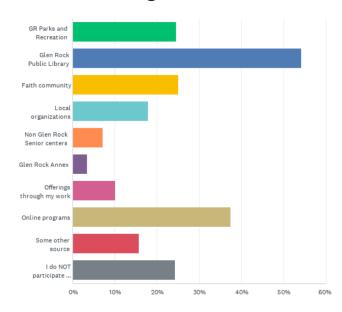


How often do you have social contact with anyone outside of your home?

### Glen Rock seniors interested in more intergenerational programs



## Sources used for continuing education classes and workshops



## Senior interested in organized social events

